

Full Report (All Nutrients)

45134316, CHEF BOYARDEE Cheese Ravioli In A Microwaveable Bowl, UNPREPARED, GTIN: 00064144047130

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 20:07 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 bowl 212g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	191	90
Protein	g	--	--	7.00	3.30
Carbohydrate, by difference	g	--	--	28.01	13.21
Sugars, total	g	--	--	5.00	2.36
Minerals					
Calcium, Ca	mg	--	--	40	19
Iron, Fe	mg	--	--	1.80	0.85
Potassium, K	mg	--	--	290	137
Sodium, Na	mg	--	--	750	354
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	199	94
Lipids					
Fatty acids, total saturated	g	--	--	1.99	0.94
Fatty acids, total monounsaturated	g	--	--	1.99	0.94
Fatty acids, total polyunsaturated	g	--	--	0.00	0.00
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	11	5

Amino Acids

Other

Ingredients

Tomatoes (Tomato Puree, Water), Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Beef, LESS THAN 2% OF: Crackermeal (Enriched Wheat Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], May Also Contain Guar Gum), High Fructose Corn Syrup, Cheddar Cheese (Pasteurized Milk, Cultures, Salt, Enzymes, Calcium Chloride and Annatto [Color]), Salt, Rice, Romano Cheese from Cow's Milk (Part-Skim Milk, Cultures, Salt, Enzymes), Modified Corn Starch, Dehydrated Onion, Spices,

